

## SUICIDE TALK TRAINING FOR TRAINERS

ARE YOU INTERESTED IN BECOMING A SUICIDETALK TRAINER?







service and people first

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SUICIDE TOUCHES EVERYONE - THE PERSON THEMSELVES, THEIR FAMILIES, FRIENDS AND ALL THOSE AROUND THEM.



Helping someone at risk of suicide is not just the responsibility of professionals. suicideTALK is aimed at all members and groups within the community.

suicideTALK is a short exploration of the issues surrounding suicide and an awareness raising session, usually taking up to two hours. This is flexible to meet the needs of each group.

The aim of the session is to make you ready to train others about suicide and includes the opportunity for you to discuss attitudes and approaches to suicide prevention. By dispelling the myth that talking about suicide promotes suicidal behaviour, suicideTALK provides a solid foundation for suicide prevention. It aims to reduce stigma around suicide and promote awareness within the community. It also provides an opportunity for networking among participants.

All participants must have attended or be willing to attend the two day Applied Suicide Intervention Skills Training (ASIST) before attending this session. If you complete the suicideTALK training successfully, you will then be registered to deliver suicideTALK in your community.

FOR MORE INFORMATION, PLEASE CONTACT:

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